



3 Ways to Achieve Success without Effort

Is life hard? We've mostly come to believe that life is filled with struggles and challenges, and that success takes hard work. The easy path is none.

Is there a possibility that this mindset is false and life is actually quite easy? From the perspective of universal truth, life **can** and **should** be easy. It doesn't require as much effort as most people expend, and three simple methods can help shift you toward the easier path.

First, work within the Law of Attraction.

Imagine you wanted to build a high-rise building and decided to start from the top. You measure from the ground up and carefully locate the position where the highest beam should be placed. You then construct building methods via helicopters, cranes and outrageously elaborate scaffolds to place the highest beam and hold it steady. What's wrong with this method? You are ignoring the law of gravity as a fundamentally easier pathway toward building. Using gravity, you can readily place your foundation and gradually build up, working in increasing heights from the surface you have constructed. To construct from the sky downward would be ludicrous.

People on earth construct their lives like the top down constructing of a building. Know and use the Law of Attraction like a builder knows and uses the Law of Gravity to make your journey easier.

There are three basic steps to allowing the Law of Attraction to work for you. First, tell the universe what you want by creating a list of the ten things you'd like. Be free with your list, not limiting what is possible by self-imposed boundaries. The universe will not know what to bring you until you tell it what to bring you.

Next, know that all the items on your list are possible. Remove doubt and worry and allow yourself to feel really happy about the success of these items coming to you. Lastly, reflect upon your list for five minutes at least three times a day. During this time, always create a feeling of joy and optimism, and have this be the energy from which you reflect upon your wants.



As an item successfully appears in your life, cross it off the list to make room for another delightful item to reflect upon.

Second, develop and use your intuition.

Back in the fifties, conventional mealtime wisdom provided that a well-balanced dinner consisted of meat, the accompaniment of a non-starch vegetable, and the accompaniment of a starchy food. As people began to consider nutrition differently, they began to accept the idea that a well-balanced, nutritious meal meant reversing the prevailing wisdom, allowing the meat to be the accompaniment with the previous accoutrements becoming the main foods.

The same concept has falsely held true in the area of intellect verses intuition. We suggest in our society that intellect is our reliable modality for success and intuition should play a minor supporting role, when, in fact, the reverse is more rewarding. By allowing your intuition to be your primary resource for information regarding decision making and unfolding your path, you will unfold your happiest path.

Developing your intuitive capabilities is one of the easiest ways to improve your journey, head towards success, and take the effort out of effort. Your journey in achieving your desires in relationships, attaining material wealth, and optimizing your healthfulness will automatically become easier.

What are some simple ways to improve your intuition? The first, and easiest method, is to follow your interests, your passions, and your good ideas. When you feel good you are tapping into resources beyond your earth self, such as your higher self, your guides, and universal truth. Feeling good is an easy way to recognize when you are walking along a path that will bring you to your greatest happy experiences.

There is a reason that the message, “do what you love and the money will follow,” rings true. That’s because the adage is based upon a universal truth. If you are happy the universe will provide you with that which you desire (and that which you desire has already been declared by implementing the first suggestion in this essay).



When an idea that sounds good pops into your head, obey it. When you have happy thoughts follow them. When you have a business idea that feels beneficial, listen to it, follow it, and act upon it. Let your good feelings direct you intuitively toward the best steps on your path.

Additionally, seek other methods to grow your intuition, through books, classes, or intuition!

Third, practice surrender.

The Law of Attraction and Intuition are intangibles and, as such, create a need for validation for many. The conflict here is that if you can't believe that these tools will provide you with what you want, your intellect will continually tell the universe these truths will not work. As a result, you will not get the validation you desire. Unless..... you surrender. Go with the flow. Let yourself go. Trust. Believe. Just be. Imagine.

Surrender, for however briefly is necessary for the universe to prove to you beyond doubt that the law of attraction works and intuition is a more valuable resource than the intellect. Let the universe do the work that will bring you the success you desire. After you receive validation, you will also prove to yourself that surrendering to the positiveness of life brings satisfaction and rewards.